

March 2023

Hyde Park–Living Joy



Flushing Area Caregiver Support Group
Presented by: Alzheimer's Association
Greater Michigan Chapter

Location: Flushing Senior Center
106 Elm Str.
Flushing, MI 48433

When: Thursday March 2nd at 2pm

Important Dates

March 1st

Matthew Packer
Living Joy 8am
Hyde Park Memory 9am
Hyde Park Assisted 10am

March 7th

Magic Music Memories
Tom Smela
Living Joy 2pm

March 9th

Chaplin Val

March 12th

Daylight savings

March 13th

Flushing United Methodist church
Worship Monday service 1pm Pastor JJ
Hyde Park Assisted

March 15th

Bake Sale 11a-2p Hyde Park Assisted

March 17th

St. Patrick's Day

March 21st

Magic Music Memories
Tom Smela
Hyde Park Assisted 2pm
Hyde Park Memory 3:30pm

March 23rd

Chaplin Val



Find us on
Facebook

Living Joy Assisted Living
Hyde Park Assisted Living

Chaplain Thoughts

Good Grief

The phrase, "Good Grief", reminds me of the comic strip Charlie Brown. It also reminds me that all of us experience grief. With understanding and kindness, we can learn to grieve in a way that is good for us. It can be good grief. We are in the Lenten season of the church year. Lent is a time to focus on various time-tested disciplines of the Christian faith. Some of these disciplines are silence, fasting, frugality, study, worship, celebration, prayer, fellowship, confession, and service. These learned habits can help us to grieve as we deal with losses.

Consider the life of Job in the Old Testament. He practiced Godly habits that guided him in his time of major losses.

Study: In Job 1:21 he quotes a truth he learned many years ago. "Naked I came from my mother's womb, and naked I shall return there."

Worship: Job worships God in the same verse. "The LORD gave, and the LORD has taken away. Blessed be the name of the LORD".

Fellowship: Job's friends hear of the losses in his life and come to fellowship with him. The friends came to "sympathize and comfort him."

Silence: Job's friends "sat down on the ground with him for seven days and seven nights with no one speaking a word." Job 2:13. We can learn a lot when we take time to listen. They saw that Job's "pain was very great".

Confession: In most of the book, Job and his friends talk with one another trying to make sense of Job's grief. Confession teaches us the value of talking about our faith with God and others.

Celebration: Job's grief guides him to affirm a truth that he wants to share with everyone. In Job 19:23-25 he proclaims: "Oh that my words were written! Oh, that they were inscribed in a book!" What are the words he is excited about? "I know that my Redeemer lives, and at the last He will take His stand on the earth."

We all will face many griefs in our journey here on earth. Our faith offers us the skills to experience good grief. This Lenten season take some time to practice some of the classic disciplines of the Christian faith. These practices are very handy as we deal with the losses associated with aging.

By. Jeff Meyers

Resident Birthdays

Roseanne B. 21st

Irene G. 31st



!SEEKING!

We are always in need of crafting supplies, bingo prizes, nail care supplies. If you have any questions you may contact Nina at (810) 659-3000 or by email at nina.coleman@baruchsls.org

We are always looking for volunteers at each of our communities. Volunteers are needed for companionship, reading to the residents, hosting a craft or game with the residents. Please contact Nina Coleman @ 810-659-3000 if you are interested in volunteering at any of our communities.



Caregiver Birthdays

Bobby W. 17th

**HAPPY
BIRTHDAY**

Bake Sale

Every third Wednesday of the month Hyde Park Assisted Living will have a bake sale 11am-2pm. Please come out and support our residents! The proceeds from the bake sale is for all 3 homes. Hope to see you this month on Wednesday the 15th

Hyde Park- Living Joy
1525 E. Pierson Rd.
Flushing, MI 48433
810-659-8507

Postage
Information

Baked Reuben Sliders

- 12 Hawaiian-style sweet rolls cut in half to make tops and bottoms
- ½ cup thousand Island dressing
- ½ pound corned beef sliced thin
- 1 pound sauerkraut drained
- ¼ pound Swiss cheese sliced
- 2tbs butter melted

Preheat oven to 350 degrees F. butter the bottom of a 9-inch x 13-inch baking dish. Place bottoms of the roll in the dish. Spread ¼ cup of thousand Island dressing on the roll bottom halves. Lay the corned beef slices over the rolls. Spread sauerkraut over the corned beef. Lay the Swiss cheese slices over the top of the sauerkraut. Spread the remaining Thousand Island dressing over the inside of the top halves of the rolls and place on top of the Swiss cheese. Use a pastry brush to spread melted butter over the tops of the rolls. Place in the oven to bake for 15-20 minutes or until the cheese is completely melted. Remove from the oven and cut each slider apart from the others. Place on a plate and serve warm.

