

July 2022

# Hyde Park–Living Joy



Flushing Area Caregiver Support Group  
Presented by: Alzheimer's Association  
Greater Michigan Chapter

## Important Dates

July 4<sup>th</sup>

Independence Day

July 6<sup>th</sup>

Matthew Packer  
Living Joy 8am  
Hyde Park Memory 9am  
Hyde Park Assisted 10am

July 13<sup>th</sup>

Living Joy Family Picnic  
12:30p -2:30p

July 14<sup>th</sup>

Chaplin Val

Location: Flushing Senior Center  
106 Elm Str.  
Flushing, MI 48433

When: Thursday July 7<sup>th</sup> at 2pm



Find us on  
**Facebook**

Living Joy Assisted Living  
Hyde Park Assisted Living

## Chaplain Thoughts

### What's in Your Life Bag?

A group of women I know camp together every year. They enjoy walking around the campground seeing what people bring. This year, one campsite had a huge motorhome and a full fence for the dog to run in. One had just a small tent and nothing else. And another a humorous statue that made everyone laugh! When traveling, people pack all kinds of provisions for their trips from small items like marshmallows to large grills, electric bikes, and various shelters. Some travel light, some travel heavily loaded. With gas prices high, some even may wonder if they will have what they need to continue their journey.

It got me wondering. What provisions do we want? And what about our journey of life? What do we truly need to thrive? Do we "pack" the right stuff? And what do we need to set aside?

In teaching how to pray, Jesus shared that we are to focus day by day, praying and knowing that God gives what is needed for the day. Also, Matthew 11:28-30 describes Jesus sharing the following: (The Message version) "Are you tired? Worn out? Burned Out? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. **Walk** with me and **work** with me-**watch** how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Jesus knows that it was and is not an easy world. And Jesus shared the truth with people then and now.....that God provides for us and provides what we truly need.

When we follow Jesus and his ways....when we pack our lives with time with God, with rest each week, with learning the way of love; ....we are going to a spiritual gas station of sorts. Jesus shows us how to be filled with God's presence, and how to unhook the heavy things from our lives that weigh us down. And Jesus rides along with us, providing direction along the way.

Chaplain Karen

## Resident Birthdays

Larry H. 11<sup>th</sup>  
Wayne A. 14<sup>th</sup>  
Oren S. 16<sup>th</sup>  
Susan E. 27<sup>th</sup>



**!SEEKING!**

We are thankful for those who are able to help us out with donations for activities we appreciate your help! We are looking for donations of birdseed, canvases, paint, carbon paper, or any crafting materials, bingo candy, bingo prizes, lotions, or nail polish we would appreciate the help. If you have any questions you may contact Nina at (810) 659-3000 or by email at [nina.coleman@baruchsls.org](mailto:nina.coleman@baruchsls.org)

We are always looking for volunteers at each of our communities. Volunteers are needed for companionship, reading to the residents, hosting a craft or game with the residents. Please contact Nina Coleman @ 810-659-3000 if you are interested in volunteering at any of our communities.

## Caregiver Birthdays

Annabell f. 10<sup>th</sup>

Denise C. 17<sup>th</sup>

Madison V. 24<sup>th</sup>



Hyde Park- Living Joy  
1525 E. Pierson Rd.  
Flushing, MI 48433  
810-659-8507

Postage  
Information

## Red White and Blue cheesecake salad

- 2 cups Blueberries
- 1lb Strawberries
- 1 box 3.4oz. cheesecake pudding
- 12oz whipped topping
- 1tsp vanilla extract
- 18oz. strawberry yogurt
- 2cups miniature marshmallows

Mix dry pudding mix, whipped topping, vanilla extract, and strawberry yogurt together until mixed well. Chill in fridge. Cut strawberries then fold strawberries, blueberries, and marshmallows into cream mixture. enjoy

