

February 2022

# Hyde Park–Living Joy



Flushing Area Caregiver Support Group  
Presented by: Alzheimer's Association  
Greater Michigan Chapter

Location: Flushing Senior Center  
106 Elm Str.  
Flushing, MI 48433

When: Thursday February 3<sup>rd</sup> at 2pm

## Important Dates

February 2<sup>nd</sup>  
Groundhog Day

Matthew Packer  
Living Joy 8am  
Hyde Park Memory 9am  
Hyde Park Assisted 10am

February 10<sup>th</sup>  
Chaplin Val

February 14<sup>th</sup>  
Valentine's Day

February 21<sup>st</sup>  
President's Day

February 24<sup>th</sup>  
Chaplin Val



Find us on  
**Facebook**

Living Joy Assisted Living  
Hyde Park Assisted Living

## Chaplain Thoughts

### THRIVING IN PRAYER

For the month of February we are going to practice THRIVING in prayer. As Believers, we are rooted in Jesus Christ and our way of communication with him is through prayer.

One way to THRIVE is to “Trust in the Lord with all your heart and lean not on your own understanding, in all your ways acknowledge him and he will direct your path” Proverbs 3:5-6. Another way to THRIVE is found in 1 Thessalonians 5:17 where Paul encourages us “...to pray without ceasing..” in all the ups and downs of this life!

There are many ways in which we can THRIVE in prayer and I offer you four ways:

1. Thriving in prayer in a quiet place – this ‘quiet’ can be difficult in our day and age, however, it does offer less distractions, and as we have conversation with God, we “grow in the grace and knowledge of our Lord and Savior, Jesus Christ” 2 Peter 3:18.

2. Thriving in prayer outdoors – Jesus prayed in the wilderness, on a mountain and in the Garden of Gethsemane. You and I can pray in the very same places as well as a park, a river or while hiking. I challenge you to pray Psalm 19 while hiking and gazing upon the sky, or Psalm 42 while meditating near a body of water or Psalm 62 while sitting on a rock and “ finding rest for your soul in God your rock and salvation”.

3. Thriving in prayer with others – Matthew 18:20 is encouraging, “for where two or three are gathered in my name, there am I among them”. Praying together is a time for you and me to be in community with fellow image bearers, seeing the very image of God in each other and bringing the work and power of the Holy Spirit into community. What an opportunity you and I have to practice this in our homes! If you and I don't pray with and for each other, how will we THRIVE?

4. Thriving in prayer using images – If we are new to prayer or going through a difficult time in life and cannot find the words to pray, we can use images such as a picture, a poem, some memorabilia, a sunset, or a sunrise. Romans 8:26-27:

“Meanwhile, the moment we get tired in the waiting, God's Spirit is right alongside helping us along. If we don't know how or what to pray, it doesn't matter. He does our praying in and for us, making prayer out of our wordless sighs, our aching groans. He knows us far better than we know ourselves, knows our pregnant condition and keeps us present before God. That's why we can be so sure that every detail in our lives of love for God is worked into something good” (The Message).

This month of February, I challenge each one of you to pray and write down how you see yourself growing vigorously and flourishing in communication with God, yourself and others! *Like a tree planted by the water, you will never run dry, living water flowing through you, you will thirst for more of God!*

(Paraphrased THRIVE by Casting Crowns).

Happy THRIVING!!

Chaplain Val

## Resident Birthdays

Elizabeth A. 17<sup>th</sup>

Pearl K. 23<sup>rd</sup>

Connie G. 24<sup>th</sup>

Caron M. 25<sup>th</sup>



Please ensure when visiting you keep your masks on at all times and that you stay in your loved ones room.  
Thanks for helping to keep everyone safe.

**!ATTENTION!**

We are looking for donations of birdseed, canvases, paint, carbon paper, or any crafting materials, bingo candy, bingo prizes, lotions, or nail polish we would appreciate the help. If you have any questions you may contact Nina at (810) 659-3000 or by email at [nina.coleman@baruchsls.org](mailto:nina.coleman@baruchsls.org)

## Caregiver Birthdays

Lani S. 6<sup>th</sup>

Nina C. 24<sup>th</sup>



Hyde Park- Living Joy  
1525 E. Pierson Rd.  
Flushing, MI 48433  
810-659-8507

Postage  
Information

## Strawberry chocolate chip cookies

- 1 box strawberry cake mix (Duncan Hines)
- 1 tsp baking powder
- 2 large eggs
- 1/3 cup vegetable/ canola oil
- ½ tsp pure vanilla extract
- 1 and ¼ cup semi-sweet chocolate chips

Preheat oven to 350. Line large baking sheet with parchment paper or silicone baking mat. Set aside.

In a large bowl, mix together the cake mix and baking powder. Set aside. In a smaller bowl, whisk together the eggs, oil, and vanilla by hand. Add the egg mixture to the cake mixture and stir to form dough- stir vigorously until all of the pockets of dry cake mix are gone. Gently mix in the chocolate chips.

Drop rounded balls of dough, about 2 tablespoons each, onto prepared baking sheet. Stick a few more chocolate chips on top of the cookie dough balls if you want them for looks, if desired. Make sure the balls of dough are taller than they are wide.

Bake for 10min- do not let the cookies get brown. Allow to cool on baking sheet for 3 min; they will be very soft at first. As they cool, the tops may settle down; press them down gently with your fingers if the aren't shrinking much. Transfer to a wire rack to cool completely. Store in an airtight container for up to one week



Simplistically  
**LIVING**